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FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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The CUE Partners with the NFL

Fuel Up to Play 60 is a for-youth, with-youth program empowering students to create healthy changes nationwide. The largest in-school wellness program was created by the National Dairy Council and National Football League in collaboration with the U.S. Department of Agriculture. On December 12th, Charlotte Upper Elementary began their Fuel Up to Play 60 season with their Fuel Up to Play 60 kickoff event. During the kickoff, CUE students participated in a healthy trivia contest and competed for prizes that were provided by Fuel Up to Play 60. Thanks to the Charlotte Food Service Department, we offered a brand new meal for students to sample. Students also signed the following Fuel Up to Play 60 pledge:



Fuel: I will energize my body and mind by eating healthy.

Play: I will be active for 60 minutes each day.

Fuel Up to Play 60: I will eat healthy, be active and have fun with my friends to help make my school an even better place.

Throughout the school year, Charlotte Upper Elementary students and staff will be participating in multiple healthy eating and physical activity plays in order to increase awareness and overall health at the CUE and in the community.