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FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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Parkview Elementary next Charlotte school to benefit from Fuel Up to Play 60

Charlotte, Mich. – Parkview Elementary School is the next mid-Michigan school to benefit from the Fuel up to Play 60 program. They have been awarded a grant to makeover their cafeteria under the Healthy Eating Play “Healthy Foods Everywhere in School” and Physical Activity Play “Ramp Up for Recess.”



Fuel Up to Play 60 is a program founded by the National Dairy Council and NFL, which empowers students, school and communities to implement healthy changes across the nation. Charlotte Public Schools are participating in the program coordinated and supported by Deb Dillon, MS, RDN, a clinical dietitian with Hayes Green Beach Memorial Hospital.

In the next year Parkview Elementary:

- Will paint its cafeteria with [MyPlate](#) food stencils
- Add a bulletin board to highlight healthy food choices, special events and featured “Foods of the Day”
- Paint “Build Strong Bones” stencils in the outdoor play area
- Implement incentives and rewards for physical activity
- Create a program advisor role

“This is such an important program for our youth,” said Dillon. “It is increasing awareness about healthy food choices and the importance of physical activity in fun, memorable ways. And incorporating these initiatives in our schools will help build healthy, positive habits for students that will last a lifetime.”

Parkview will begin updating its cafeteria and implementing the grant-funded programs in the near future.

Parkview Elementary principal, Kim Caudell, is thankful for this opportunity. “We are very appreciative of the assistance and support from this grant. The expanded partnership with Fuel Up to Play 60 and HGB is allowing us to have a much greater impact on our students’ nutrition and overall well-being.”

Find more information about Fuel Up to Play 60 at www.fueluptoplay60.com.

HGB has been the community's choice for health care for more than 80 years. The hospital is committed to working together in health to provide quality care and enhance the vitality of the community. Learn more about HGB at www.hgbhealth.com.