



**I Should Fear and I Don't. Why Do You?**

**Live in Person Tuesday, May 23 @ 6:30 PM**  
**Charlotte Performing Arts Center**  
**\*\*Tickets are required, but admission is FREE\*\***  
 Tickets are available at:  
 CPAC box office (517)541-5690, CPS Central Administrative Offices, or online at:  
[www.charlotteperformingartscenter.com](http://www.charlotteperformingartscenter.com)  
*Featuring Special Guest Vocalists: Matthew and Amanda Maitland*

In his compelling, heartwarming, deeply personal talk, Sebastien explores his journey from near-death to an awakening that has flooded his heart with more empathy for human beings, and a better understanding of the global challenges of xenophobia, oppression, hate and violence.



Badly injured and losing 50% of his blood after a suicide bomber detonated powerful explosives just yards away in the Brussels, Belgium airport in 2016, Sebastien "Seb" Bellin – by any measure — should have died.

Kept alive in that horrific instant by years of training on the basketball court, which prepared Seb to stay calm, positive and focused on survival, and his steely determination to stay alive for his wife and two daughters. He today offers us an amazing, refreshing perspective on how to counter hate and fear, with love, forgiveness and empathy.

Only nine months after a bombing that put Seb in the hospital for months, with multiple surgeries, grueling rehab and lasting injuries, he lives his life without hatred or anger towards his assailants, and in fact, understands their plight, their fear, their desperation.



Having lived in South America, North America and Europe, and speaking several languages, Seb brings a global fluency and a nuanced understanding of the causes of fear plaguing the planet. He coaches us on how we can face our fears, reach down deep inside, and unleash profound change and personal power. He shared his story on the TED stage in Luxembourg, and was the subject of a CBS 48 Hours special, and ESPN Outside the Lines. Today, an in-demand keynote speaker, he is uplifting and inspiring audiences globally.

This event is generously sponsored by:

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