

A COMPLETE BREAKFAST

Select 1 or 2

From the following components:
Yogurt, Cereal, Bagel, Bread, or
Breakfast bar

(Up to 2 items)

GRAIN / BREAD / MEAT / MEAT ALTERNATES

2 Cereals
2 Yogurts
1 Bagel + 1 Yogurt
1 Yogurt + 1 Cereal
1 Yogurt + 1 Breakfast bar
1 Cereal + 1 Breakfast bar
1 Donut + 1 Breakfast bar
1 Breakfast Sandwich
2 String Cheese

+

Select 1

From the following fruit
components:
Fruit or 100 % Fruit Juice

(Up to 1 item)

JUICE / FRUIT

1 Fresh Fruit
1 - 4 oz. Juice

+

Select 1

From the following milk
components:
Skim, 1%, or 2%

(Up to 1 item)

MILK

1 - 8 oz. Milk

Minimum Requirements to qualify as a reimbursable breakfast – 3 components

Offer – 2 Components Grain / Breads / Meat / Meat Alternates

1 Juice or Fruit, or both must be taken

Offer – 1 Milk (8oz)