



Dear Parent/Guardian,

Subject: Scabies Notification

Your child may have been exposed to scabies. Scabies is a disease of the skin caused by burrowing of the scabies mite. The mite is transmitted through direct skin-to-skin contact or through sharing of an infested person's personal items such as clothing or bedding.

Please observe your child for intense itching (especially at night) and rash. The rash can usually be seen in the following places:

- Between webs and sides of fingers
- wrists
- Elbows armpits
- Breasts
- Waist
- thighs
- genitalia
- lower buttocks
 - Infants may experience rash on the:
 - Face
 - Scalp
 - Palms of hands
 - Soles of feet

Symptoms usually appear within **two to six weeks** after coming in contact with a person who has scabies. Persons who have had scabies before may have symptoms appear within one to four days.

Treatment Recommendations

If you are concerned that your child or anyone else in your family may have scabies, please see your family doctor. Your doctor will be able to prescribe medications that can kill the scabies mite. Usually one application of a prescription scabicide is adequate to treat scabies. It is recommended that if your child has scabies, the entire family should be treated. Please discuss this with your doctor.

Cleaning & Disinfecting

Washable items such as clothing, bedding, and towels can be disinfected by washing the items in hot water and detergent. Wash water temperature should be set to the highest temperature possible. Use the hot setting on the dryer to dry the items for at least 20 minutes.



Non-washable items such as shoes, coats, jackets, and scarves can be disinfected in one of three ways: 1) place the items in a dryer for at least 20 minutes on the hot setting; or 2) seal the items in a plastic bag for one week (7 days) at room temperature or hotter; or 3) seal the items in a plastic bag and freeze them for 12 hours.

Fumigating rooms and using insecticidal sprays on furniture, infant carriers, child car seats and carpets are not recommended for cases of common scabies. Thorough cleaning and vacuuming of these items is sufficient.

Attendance

Children who have scabies should be excluded from school and/or extracurricular activities until the treatment has been completed.

Please refer questions to your physician or local county health department.

If you would like more information:

https://www.michigan.gov/documents/scabies_manual_130866_7.pdf