



FOR IMMEDIATE RELEASE: DECEMBER 26, 2018
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Charlotte Middle School PALS Attend Training at ERESA



On Friday, December 14, sixteen Charlotte Middle School PALS (Peer Assistance Leadership & Service) had the opportunity to attend a PALS training at ERESA. The half day training featured lessons on: the importance of feelings, communication & listening, empathy, understanding behavior, I-messages, referrals & confidentiality, and conflict resolution. Our CMS students had a chance to role play and practice strategies with students from Maple Valley, Haslett, Dewitt, and Eaton Rapids. The Charlotte PALS were selected through a teacher nomination and student application process. While our students are talented in many of the above areas, this was the perfect opportunity to intentionally practice and internalize these important life skills. The PALS are looking forward to putting their skills to work throughout this school year!